



"NORTHWESTERN MEDICINE AND NORTHWESTERN UNIVERSITY FEINBERG SCHOOL OF MEDICINE ARE BUILDING A

IN HEALTH CARE AND MEDICAL RESEARCH. THE NEW LAKE FOREST HOSPITAL WILL BE AN EXTENSION OF THAT, DELIVERING OUTSTANDING CARE

IN A COMMUNITY SETTING." - Jim Stirling

"YOUR SUPPORT NOT ONLY SERVES A

FACILITY RIGHT IN YOUR BACK YARD,

IT HELPS SHAPE THE FUTURE OF HEALTH CARE."

- Debbie Saran

"THIS ISN'T JUST ABOUT BUILDING A NEW HOSPITAL.
IT ALSO IS ABOUT BUILDING NEW PROGRAMS
THAT WILL FURTHER BENEFIT OUR

- John Dick and Madeleine Bronson Dugan

We are proud to introduce you to the new Northwestern Medicine Lake Forest Hospital.

Upon its completion will come the realization of our visionto deliver world-class health care in a community setting.

The new Lake Forest Hospital is being designed and built with Northwestern Medicine's best thinking in patient care, technology and efficiency. Created to enhance our hallmark, personalized care with a new level of academic and scientific rigor, it will bring medical advances and the latest in healthcare innovation, as well as treatments and clinical trials never before possible — all for the benefit of every member of our community.

Northwestern Medicine is committed to bringing a heightened level of care to Lake Forest — care that will be unmatched by any other hospital in the region.

We have the responsibility to build and grow conscientiously—to honor the legacy of Lake Forest, while keeping an eye on the future. That is why the new Lake Forest Hospital is so much more than a physical building. The new hospital and revitalized campus symbolize a new approach to health care that focuses on fostering wellness, in addition to treating those in need of care.

This book takes a look at our distinguished history, *Our Legacy*, while revealing Northwestern Medicine Lake Forest Hospital's incredible potential, *Our Future*. You will see how our vision will come to life through the stories of community members, donors, patients and physicians. We hope you will be inspired to join us in the *Our Legacy*. *Our Future*. campaign, which promises to revolutionize health care in Lake Forest and Lake County.



From humble beginnings as Alice Home, established in 1899, to our expansion in the 1940s thanks to a donation of land from the A.B. Dick family and the generous support of local residents, Lake Forest Hospital has flourished.

Even in our earliest days, the hospital combined what was then "modern medicine" in a comfortable, healing atmosphere in a pristine country setting. Now, our community hospital enters a new era with the opening of the new Northwestern Medicine Lake Forest Hospital, strategically chosen to dwell in one of the most picturesque communities in the country. By incorporating the latest in healthcare technology and design, we will attract the most talented physicians, nurses and care providers, and ensure our dedication to personalized care remains.

Our Legacy. Our Future.

3/28/16 3:49 PM - LFCC Booklet - 12x12_R35.indd 2-3

A Legacy of Caring for Our Community

1899



Alice Home, a 22-bed facility was established in Lake Forest. It is named for Alice Burdsal Burhans, sister to Grace Durand, one of the founders. Total cost for construction was \$32,000 paid entirely through donations.

1948

Lake Forest Hospital held its first Baby Alumni Party to thank parents who had babies delivered at the hospital. The annual event brought delight to the community for more than 60 years.

1942

The original Alice Home facility could not keep up with the growing population in Lake

leading families in the community helped finance this acute care facility.

Forest as well as emerging medical technologies. The A.B. Dick family donated 23 acres of property for a new hospital – Lake Forest Hospital. More than 300 substantial gifts from

The Women's Auxiliary of Lake Forest Hospital was formed and became a formidable force

1959



A capital campaign exceeding \$1.4 million helped the hospital increase from 65 beds

A significant expansion of the hospital included the

addition of a three-story

2001

gift by the Cain Family names

2010

Lake Forest Hospital affiliated with Northwestern Memorial HealthCare, forming Northwestern Lake Forest Hospital. The relationship gives the community direct access to world-class health care, including the latest medical knowledge, technologies and treatments.

1970 - 2000s

Lake Forest Hospital continued to expand to accommodate emerging diagnostic technologies, a shifting emphasis on wellness and prevention and the best in personalized medical care. Significant philanthropy from civic-minded Lake Forest families allowed the hospital to add vital new facilities and capabilities.

left a \$15 million

1975

facilities, including a \$400,000 gift from the Women's Board, for the Westmoreland Nursing Center to provide

Physician practices and hospital outpatient for physician McGaw Medical

1981

A second facility | A. Watson Armour III | Lake Forest

largest gift in the hospital's history, establishing the A. Watson Armour III Health Education Center, and in future years, the donor society recognizing planned giving dono

the Health &

A \$15 million campaign opened the Hunter Care Center, offering and women's imaging

2004

Recognizing that the current hospital facility cannot keep pace with today's best practices for healthcare delivery, Northwestern Medicine launches a fundraising campaign to fund construction of a new replacement hospital, the new Northwestern Medicin Lake Forest Hospital.

for fundraising on behalf of the hospital.

27312 16 NM - LFCC Booklet - 12x12_R35.indd 4-5



A legacy of community support

Generations of service and support bring life to a vision.

Since our earliest days in Alice Home, the community has contributed to the hospital's mission.

Evident throughout our history of more than 100 years, Lake Forest Hospital has benefited from the generosity of generations of local families. Their gifts of leadership, time and treasure have much to do with who we are today. Many have given tireless hours of service to support patients, families and staff within the hospital's facilities and out in the community.

For more than 70 years, the Women's Auxiliary of Lake Forest Hospital (now the Women's Board of Northwestern Lake Forest Hospital) has been formally active in volunteerism, fundraising and advocacy. They remain dutiful and dedicated in their commitment to advance the hospital and its role within our local community.

Also active in promoting the hospital is the Women's Health Advisory Council, a volunteer board comprising women from Lake Forest, Lake Bluff and the surrounding areas whose mission is to promote the importance of health issues through education, events and activities.

Throughout our history, our community has invested in the best health care for our families, our neighbors and those in need. To honor and recognize our most distinguished supporters, those who give \$1 million or more over the course of our history are now recognized as members of the *Alice Home Society*. Those who invest \$1 million or more in the *Our Legacy. Our Future*. campaign are also included as members of the *Founders' Society*.

Philanthropy at every level is integral to the hospital fulfilling its mission – today, tomorrow and for future generations. We remain honored and grateful to partner with those individuals, families, foundations and corporations who share our vision for the future and who demonstrate their personal commitment through gifts of service and financial support.

Our Legacy. Our Future. 7

27312 16 NM - LFCC Booklet - 12x12_R35.indd 6-7

Fulfilling a family legacy

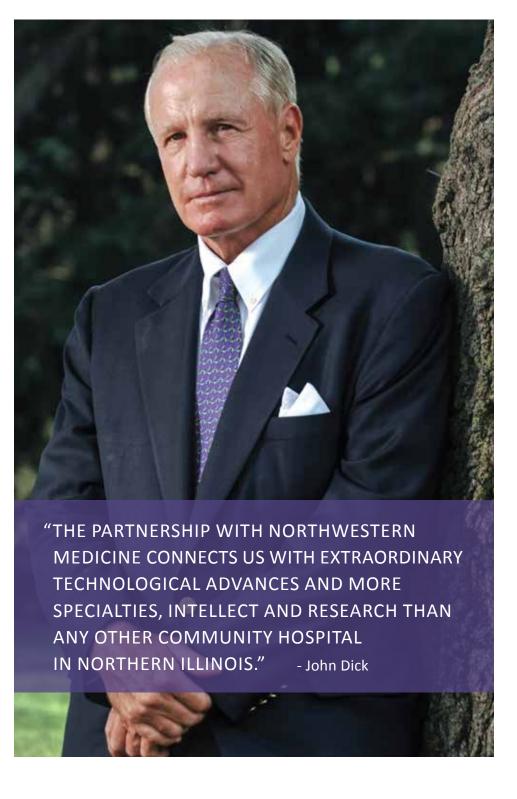
The A.B. Dick family reflects on its lasting connection to local health care.

John Dick

In 1902, Albert B. Dick, the inventor of the mimeograph machine, built a sprawling estate in Lake Forest near Deerpath and Waukegan Roads. After his death in 1934, his wife Mary lived alone on the property.

Seven years later, with the local hospital known as Alice Home in dire need of renovations, Mary donated the family's farmland as the site for a new hospital. The "modern" 41-bed Lake Forest Hospital, which opened in 1942, offered virtually every healthcare service available at the time. Upon Mary's death in 1944, additional land was given to the hospital.

John Dick, great grandson of A.B. Dick, has served on various Lake Forest Hospital boards for 40 years, including a role as Vice Chairman of the board. "Our family's connection with the hospital means a great deal to me," says John. He and his family take great pride in the hospital's longstanding reputation for quality. "I've seen my family help grow this place from a small hospital to this jewel of the suburbs. Moving forward, we will be even further connected with more specialties, more intellect and more research." He and his family members are excited to see it reach another level with the opening of the new hospital.



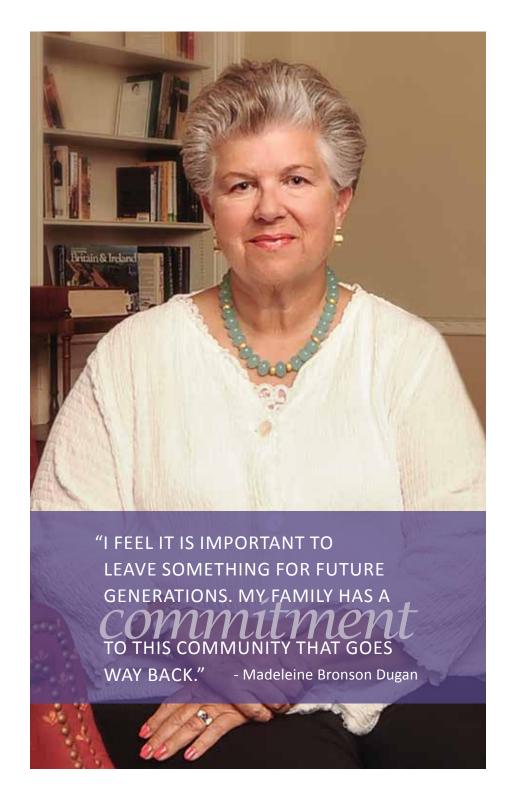
Madeleine Bronson Dugan

Two decades after the "new" Lake Forest Hospital opened in 1942, a young Madeleine "Maddie" Bronson Dugan, the great granddaughter of Mary and Albert B. Dick, began working at Lake Forest Hospital as a candy striper.

Following in the footsteps of her mother, Helen Dick Bronson, who served on the Women's Board for more than 60 years, Maddie became passionately engaged and recently celebrated 50 years of service to the hospital, through a variety of roles on the Women's Board, the hospital's patient advisory board and as a hospital volunteer in the Hunter Family Center for Women's Health. "Once I got involved and saw the history and the legacy of the hospital, it has been near and dear to my heart ever since," says Maddie.

While she acknowledges a deep fondness for the current Lake Forest Hospital, she cannot wait to see the new structure. "I'm a traditionalist and I love the original building; but I think the new architecture is exciting. It's going to be wonderful and much more efficient."

"World-class medicine in your own back yard is the biggest reason to support the hospital and the new hospital project." Maddie adds, "It's going to be beautiful and provide even better care for our community. That's quite phenomenal for a community this size."



Our Legacy. Our Future.

Our Legacy. Our Future.

9

27312 16 NM - LFCC Booklet - 12x12_R35.indd 8-9



We believe advances in medicine are ever-accelerating. By staying at the cusp of these advances, we will improve our ability to diagnose, treat and cure patients earlier and with more precision. We will identify issues earlier, apply the latest medical breakthroughs and deliver on our vision of providing the best possible health care to every person in our community.

Designed to be ever-evolving within its framework, the new Northwestern Medicine

Lake Forest Hospital will have the ability to weave together the latest in technological

advancements with our signature compassionate care. The building and our team will

remain flexible and nimble to swiftly incorporate medical advances yet to be discovered.

We are building a world-class facility to meet the healthcare needs of today, tomorrow and beyond. Medical protocols that historically could only be achieved in urban academic medical centers will be available and accessible in our community. The new hospital will be technologically sophisticated in its capabilities to address the healthcare questions of the future, to pioneer the development of novel treatments and to thoughtfully respond to the challenges and opportunities that arise within an ever-changing healthcare landscape.

This is the commitment of the *Our Legacy. Our Future*. campaign.

- 483,500 SQUARE FEET OF NEW CONSTRUCTION
- 114 PRIVATE INPATIENT ROOMS
- 72 PRIVATE OUTPATIENT ROOMS
- 106 CLINIC EXAM ROOMS

- 8 OPERATING ROOMS
- 116 ACRES OF OPEN SPACE
- MORE THAN 7,000 FEET OF PEDESTRIAN AND BICYCLE PATHS

A FRESH APPROACH TO DELIVERING OUTSTANDING CARE.

Our new hospital will provide patients with access to world-class health care, medical experts and service as well as a seamless pathway to Northwestern Medicine's system of specialty care.

The visionary design of the 160-acre campus integrates medical care with health and wellness through walking and biking trails and a new common area for community activity and enjoyment. The new hospital will continue our commitment to sustainable construction and design, including:

- Enhanced human experiences The facility will have collaborative spaces for caregivers and staff, and with the integration of the Health & Fitness Center, a strong connection to wellness.
- Commitment to nature Our campus will preserve more than 72 percent as open space and include nearly 700 new trees. With its green design, the hospital will seek Leadership in Energy and Environmental Design (LEED) Silver certification from the U.S. Green Building Council.
- Energy efficiency To date, we have recycled 98 percent of construction waste from the project and utilized sustainably sourced materials for 33 percent of the project. In the new hospital, we will aim to exceed energy savings requirements by 22 percent, to significantly reduce carbon emissions by 4,000 tons and decrease water usage by six million gallons.

CAMPAIGN LEADERSHIP

Tradition and transformation

By inspiring philanthropy, local leaders preserve Lake Forest tradition and catalyze transformation.

Debbie Saran

Our Legacy. Our Future. Campaign Co-Chair Lake Forest Hospital

A resident of Lake Forest since the age of six, Debbie Saran is a past president of Lake Forest Hospital's Women's Board and a current member of the hospital's Board of Directors. Her passion for volunteerism and devotion to Lake Forest serve her well in her current role as *Our Legacy. Our Future.* campaign co-chair for the new Northwestern Medicine Lake Forest Hospital.

According to Debbie, by bringing together the world-class reputation of Northwestern with Lake Forest Hospital's rich legacy for providing the highest quality care, "The stars were aligned to bring this community a new facility equipped for the next generation of health care."

"My vision is that the hospital becomes not only a place you go if you're sick but also a destination for when you're well," says Debbie. "I believe the community will embrace the beauty of the physical space and use all of the amazing resources that will be available."

Debbie's ultimate goal is to help provide Lake Forest with a place that is the best of both worlds: beautiful on the outside with exceptional health care inside. To that end, she says that her fellow Lake Forest residents have a rare chance to join her in investing in an idea and an institution that will provide returns that last generations.

"I always tell people, your support not only serves a world-class facility right in your back yard," she says. "It helps shape the future of health care."



Jim Stirling

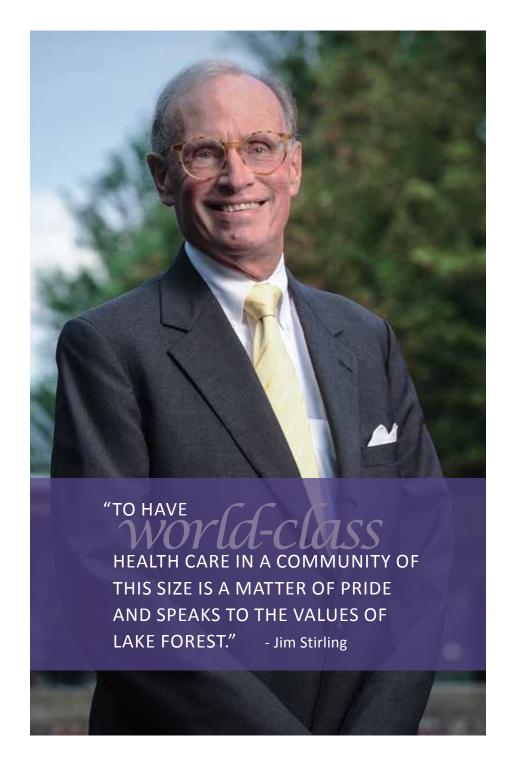
Our Legacy. Our Future. Campaign Co-Chair Lake Forest Hospital

With the opening of the new Lake Forest Hospital, Jim Stirling is happy to know his support will help transform the landscape of health care right in his own community.

As a longtime resident of Lake Forest and Life Trustee of Northwestern Memorial HealthCare, his commitment to and leadership of Northwestern Medicine's presence in Lake Forest inspired him to serve as *Our Legacy. Our Future*. campaign co-chair for the new Lake Forest Hospital.

"Northwestern Memorial HealthCare and Northwestern University Feinberg School of Medicine are building a global reputation as an unrivaled healthcare system and research institution," Jim says. "The new Northwestern Medicine Lake Forest Hospital will be an extension of that. To have world-class care close to home, readily accessible in a community setting, is amazing."

As a longtime philanthropist, Jim points out that, for fellow Lake Foresters who really want to make a difference in the town they love, the new hospital is a once-in-lifetime opportunity. "There are some tremendous naming opportunities spread across 160-plus acres," he says. "It is inspiring to think our contributions are going to help bring first-class health care right here to Lake Forest."



Our Legacy. Our Future. Our Legacy. Our Future.

27312 16 NM - LFCC Booklet - 12x12_R35.indd 14-15



A clear vision

President Thomas J. McAfee discusses the institution entering an exciting new chapter.

Thomas J. McAfee

President, Northwestern Medicine Lake Forest Hospital President, Northwestern Medicine North Region Senior Vice President, Northwestern Memorial HealthCare

The possibilities for this new facility were first introduced to me ten years ago when I met with the Lake Forest Hospital Board of Directors about assuming a leadership role here. It was evident that the board had a clear vision of its future and we had the support we needed to build a spectacular new hospital.

Beyond a new hospital, we wanted to leverage our strengths as a community hospital and forge a strong partnership with a renowned academic hospital. Thus, in 2010, we partnered with Northwestern Memorial Hospital, the top ranked hospital in Illinois according to *U.S. News & World Report's* 2015 - 2016 Honor Roll, with 14 clinical specialties ranked in its "Best Hospitals" list. Now as part of Northwestern Medicine, we enjoy the benefits associated with our prestigious academic partner, Northwestern University Feinberg School of Medicine, and are considered the northern anchor of this highly-credentialed healthcare system.

Since our affiliation, we have grown and made amazing strides. We built a primary care delivery system; we brought in more specialty and subspecialty medicine and we built an electronic health record that connects us seamlessly to our counterparts downtown. We have gained new top-tier physicians who work side-by-side with private practice physicians who have been

skillfully serving our patients for many years. Yet one strategic imperative remained to be realized: creating a leading-edge facility for all these services that lives up to the legacy of the existing institution.

The intent with this new building is that it will be unrivaled, both aesthetically and in delivering exceptional care in an integrated way. It has been exciting to strengthen our clinical programs—those that have been established for many years and other newly created programs not normally available in a community setting—thanks to our affiliation with Northwestern Medicine. All are directly linked to and strengthened by their nationally-ranked counterparts at Northwestern Memorial.

Our Legacy. Our Future.

27312 16 NM - LFCC Booklet - 12x12 R35.indd 16-17

MEDICAL LEADERSHIP

Best of both worlds

The new Northwestern Medicine Lake Forest Hospital sits at the intersection of legacy and progress.

Michael Ankin, MD

Vice President, Medical Affairs Chief Medical Officer, Lake Forest Hospital

Stanley Dee, MD

President, Medical Staff, Lake Forest Hospital

Jeffrey D. Kopin, MD

Senior Vice President, Medical Affairs

Chief Medical Officer, Northwestern Medicine North Region

Michael Ankin, MD, has seen many changes during his 35 years on staff in Lake Forest. Serving as the hospital's Chief Medical Officer since 2007, Dr. Ankin is confident the new hospital will provide an enhanced experience for patients.

Dr. Ankin believes that Northwestern Medicine Lake Forest Hospital has become the chosen destination for care, offering more services than ever before and attracting exceptional clinicians and health care professionals. "The ability for a doctor or nurse to work in a community setting, to know your patients, to know people in the community, to know every single person at the hospital by name is a very rewarding experience for one's career. To blend that with a tie to one of the best academic centers in the country is an advantage afforded to very few clinicians."

A part of the Northwestern Medicine medical staff for almost 30 years and its leadership team for 20 years, Jeffrey D. Kopin, MD, Senior Vice President and Chief Medical Officer of the North Region sees his new role as unifying two objectives – strengthening the medical expertise in Lake Forest and the entire North Region while ensuring the warm and compassionate bedside manner patients expect is preserved. "Our opportunity to combine the traditions and values of Lake Forest Hospital with world-class Northwestern Medicine throughout the northern suburbs will provide our community with the very best health care for generations to come."

A member of the medical staff for more than 25 years, Stanley Dee, MD, President of the Medical Staff, shares, "You can appreciate that our hospital has a history and a legacy that's very special. Over the years, we've been blessed to have a medical staff that is known and loved by the community for its very personal care."

He adds, "The new hospital will allow us to continue what we do well, while adding programs and services that we don't currently have. We'll have additional space but we'll also have additional talent. People prefer to be taken care of by those they know and trust and we will continue to provide that trusted, personal touch. We'll also offer specialists who represent the highest level of expertise and care."



18 Our Legacy. Our Future.

27312 16 NM - LFCC Booklet - 12x12_R35.indd 18-19



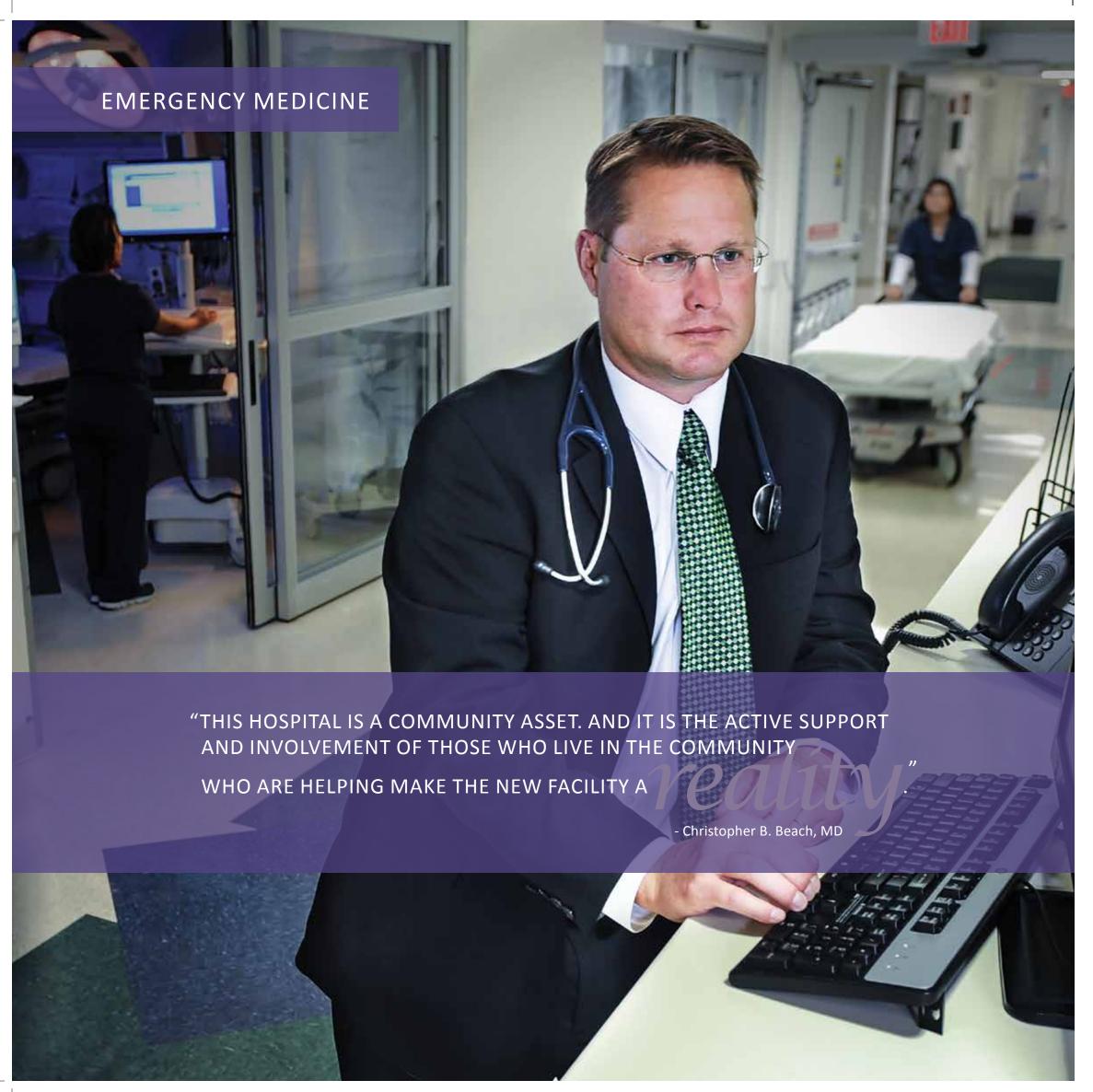
We are pleased to present the following clinical areas, all of which highlight the programs demonstrating great growth and potential for serving an increasing number of patients.

Philanthropy is essential to providing the resources needed to make investments in our patients and community today and in the future.

- Emergency Medicine
- Bluhm Cardiovascular Institute
- Neurosciences
- Cancer Services
- Women's Health
- Orthopaedics
- Academic Medicine / Community Care
- Health and Wellness
- Northwestern Medicine: A Seamless System of Care

Our Legacy. Our Future.

2/312 16 NM - LFCC Booklet - 12x12 R35.indd 20-21



Urgent mission

Lake Forest Hospital's Cain Family Emergency Department aims to provide the most trusted and expedient emergency care possible.

Christopher B. Beach, MD

Chief, Emergency Medicine, Lake Forest Hospital
Vice Chairman, Department of Emergency Medicine, Northwestern Memorial Hospital
Associate Professor of Emergency Medicine, Northwestern University Feinberg School of Medicine

When Lake Forest Hospital's Level II Trauma Center was integrated with Northwestern Memorial Hospital, one of the best emergency departments (ED) in the region became even better, and there is no question that the new hospital will deliver even more superior care for virtually every emergency.

The emergency medicine physicians in Lake Forest have long maintained a stellar reputation for their ability to stabilize and treat patients who have suffered major traumas or other life-threatening situations. According to Christopher B. Beach, MD, Chief of Emergency Medicine at Lake Forest Hospital, "Our job is to deliver a higher level of quality, a higher level of efficiency and a better patient experience to the community." In the last year, patient satisfaction scores have ranked in the top 10 percent nationally (top-decile) numerous times and Dr. Beach aims to maintain that level of providing exceptional patient care.

One of the key benefits of the integration between Northwestern Memorial and Lake Forest Emergency Departments is that the very latest treatment guidelines are being followed right here in Lake County. "Scientifically, it is placing Lake Forest at the forefront of medicine." The interconnected system means that

no matter what location a patient visits, his or her physicians will all be working from the same highest standards of care and scientifically-based practices.

"If you suffer a heart attack, you have access to a state-of-the-art cath lab right here in Lake Forest," says Dr. Beach. "If you have something rare and very complicated, you are seamlessly connected with all of the resources available downtown. The physicians covering the Emergency Department in Lake Forest and the Grayslake Emergency Center are the same caliber of physicians who work at Northwestern Memorial Hospital."

Our Legacy. Our Future.

27312 16 NM - LFCC Booklet - 12x12_R35.indd 22-23

The patient perspective

Emergency Medicine veteran recalls how his team's stellar training and calm under fire helped a stroke patient beat the clock.

Steven W. Hodges, MD, FACEP

Assistant Medical Director, Emergency Medicine, Lake Forest Hospital

It was a dark and stormy night. Really it was. And the emergencies kept coming in.

"The department was full of people in need of help," said Steven W. Hodges, MD, FACEP, Assistant Medical Director, Emergency Medicine, Lake Forest Hospital.

To the untrained, it would have seemed chaotic. But for those in the know, the Cain Family Emergency Department was a well-oiled machine where each team member's role is critical.

A "neuro-alert" was placed on bed 15 — an acute neurologic emergency. A 56-year-old female had paralysis on one side of her body and difficulty speaking, which had been present for almost two hours prior to her arrival. Her symptoms were consistent with an acute cerebral vascular event, a stroke often leading to permanent damage.

"With any stroke, time is of the utmost importance—and two hours already had elapsed since the symptoms started. A medicine called Tissue Plasminogen Activator, or tPA, if given in time, can reverse the effects of an otherwise devastating stroke. However, if given outside a three-hour window, this medicine can cause death due to irreversible intracranial bleeding," explained Dr. Hodges.

The clock was ticking. As soon as the patient arrived, rapid assessment was underway.

While the patient was in Commuted Tomography for her brain scan, one of the nurses entered data into a "TeleStroke" device so that the stroke neurologist—who was working from a satellite location—could interview and examine the patient, via the nurse, and make immediate recommendations whether to administer the tPA. By having this amazing technology, which is similar to Skype but better and faster, the stroke neurologist can be at the patient's bedside in less than 10 minutes, day or night.

Her stroke was continuing. Back in the Cain Family Emergency Department, the nurses settled the patient in her room and readied the two-way TeleStroke computer. They set a pump up to potentially administer tPA. Representatives from the Pharmacy Department were on the scene and the drug was ready. The patient's lab results were back and were within acceptable limits for drug administration.

Thirty minutes had now elapsed since the patient's arrival. The stroke neurologist called into the room via TeleStroke technology, made possible by philanthropy, and asked the patient, "Ma'am, can you hear me?" The patient couldn't talk. So the primary nurse functioned as the hands of the neurologist as he examined the patient remotely. After the neurologist had finished, the nurses were already priming the IV pump with the medicine. Everyone agreed to proceed with the tPA. An official order was given. Would this reverse her stroke? Would the team's hard work be enough?



"Empathy is perhaps the greatest lesson any healthcare provider can learn. It was in this moment that I saw all the protocols come together thanks to our group's stellar education and training," Dr. Hodges said. "I saw skill and compassion practiced with speed and accuracy. I saw our nurses, technicians and doctors work so fast, so hard and with such passion, I couldn't help but smile."

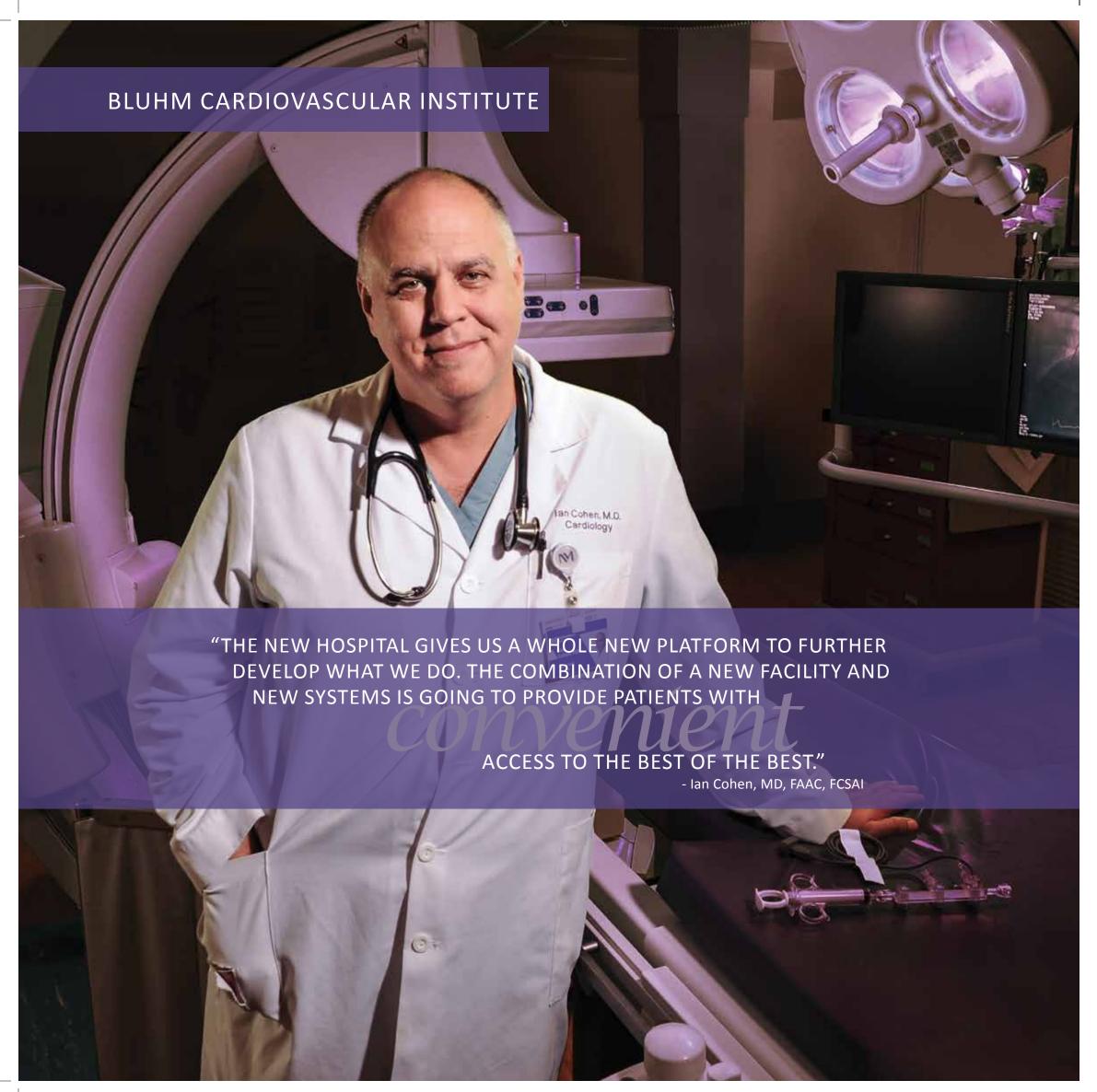
Forty-three minutes after the patient arrived, she received successful treatment for an acute stroke. Within minutes, she began to regain her strength.

"I'll never forget the sound of her voice as she looked up at her nurse and said in a clear voice, 'Thank you,'" said Dr. Hodges.

Life-saving teamwork like this happens every day in the remarkable Cain Family Emergency Department at Lake Forest Hospital.

Our Legacy. Our Future. Our Legacy. Our Future.

27312 16 NM - LFCC Booklet - 12x12 R35.indd 24-25



Heart and soul

Lake Forest Hospital's integration with the Bluhm Cardiovascular Institute combines top-ranked cardiac care with a personalized patient approach.

lan Cohen, MD, FAAC, FCSAI

Medical Director, Cardiology, Lake Forest Hospital
Assistant Professor of Medicine, Northwestern University Feinberg School of Medicine

Lake Forest Hospital offers elite cardiovascular care as the northern anchor of the Bluhm Cardiovascular Institute, the No. 1 ranked cardiac and vascular service provider in Illinois for eight years running, and No. 9 in the nation for cardiology and heart surgery (2015 - 2016 *U.S. News & World Report*).

Since the 2010 affiliation with Northwestern, the local community has benefited from the world-class heart and vascular program and its comprehensive patient-centered cardiac care due to the leadership of Ian Cohen, MD, who was recruited at that time to serve as Medical Director of the Bluhm Cardiovascular Institute's expansion to Lake Forest.

"When I talk about the new hospital, I think about it like a computer," says Dr. Cohen. "The employees, physicians and nurses are the software and the building is the hardware. The first step was to get the software up and running, getting the right people doing the right procedures using the right quality metrics. Now, it is time to incorporate the hardware so we can really grow."

For Lake Forest residents, one of the most significant aspects of the new hospital is how it will continue to expand local access to top-tier academic medicine. "An academic institution provides a direct link to intellectual capital," he says. "If you want to bring in new technologies and new thinking, you can tap into a well of expertise that is already there. Plus, it allows a community hospital to enjoy the economies of scale associated with a big academic partner."

Donors to the *Our Legacy. Our Future*. campaign for the new Lake Forest Hospital also have a unique opportunity, notes Dr. Cohen. "We're approaching medicine in a very forward-thinking way," he says. "Any philanthropic gift is going to keep on giving because it will help drive transformational change—both for the hospital and for how medicine is practiced in the future."

Our Legacy. Our Future.

27312 16 NM - LFCC Booklet - 12x12_R35.indd 26-27

The patient perspective

A patient of the Bluhm Cardiovascular Institute shares his firsthand experience with amazing cardiac care.

Dewey Duncan

In March 2014, Dewey Duncan, a member of the community for 34 years, started experiencing stroke symptoms. He drove himself straight to the Cain Family Emergency Department at Lake Forest Hospital. When he arrived, he was shocked to learn he had an artery with 90 percent blockage. "I was so nervous my hands were shaking," Dewey recalls. "I did not know what was wrong with me."

That is when Dr. Ian Cohen intervened.

"Dr. Cohen came in and put me at ease," Dewey says. "He told me exactly what was going on." The award-winning cardiologist went even further, explaining what his patient's recovery would require and which medications he would be taking. Dewey was wheeled into the cardiac cath lab and the blockage was cleared.

For this local resident, the confident approach displayed by Dr. Cohen and his staff at Lake Forest Hospital made all the difference in the world. "When I walked through those doors, I could immediately feel the calmness coming over me," Dewey says. "You could see the professionalism."

"At Lake Forest Hospital, you have the feeling that the doctors and staff are really interested in helping you. When I started experiencing symptoms, I knew I was going to head to Lake Forest Hospital. I knew I would get the best care right here," Dewey says.

"This town has always had a reputation for excellence, for delivering the best of whatever service there is to provide."





Our Legacy. Our Future.

3/28/16 3:49 FCC Booklet - 12x12_R35.indd 28-29



A head above the rest

With some of the region's finest neurologists and neurosurgeons on staff, Lake Forest Hospital offers high-quality care for brain and spinal treatment.

Laura Goldstein, MD Neurology, Lake Forest Hospital

Patrick A. Sugrue, MD

Neurological Surgery, Lake Forest Hospital

Assistant Professor, Department of Neurological Surgery, Northwestern University Feinberg School of Medicine

Northwestern Medicine's expanded neurosciences program at Lake Forest Hospital is strengthened by some of the top neurologists and neurosurgeons in the region. Coupled with the hospital's esteemed programs in Parkinson's rehabilitation, sleep medicine, epilepsy management and other specialties, the new facility will only enhance the patient experience.

"The more we can provide access to state-of-the-art care right here in the community, the better our patient outcomes will be," says Laura Goldstein, MD, a neurologist at Lake Forest Hospital. "The new hospital is a seamless extension of Northwestern Medicine," she continues. "You will get the same quality of care in Lake Forest that you would get downtown. That's our aspiration and, in many ways, we've accomplished that already."

The neurosurgery program is led by Patrick A. Sugrue, MD, a specialist in the treatment of complex spinal injuries and diseases, who will continue to advance state-of-the-art and minimally invasive neurosurgical techniques at the new Lake Forest Hospital.

Under Dr. Sugrue's guidance, depending on the level of complexity and other factors, he and his staff make case-by-case judgments regarding which location will better serve each individual patient.

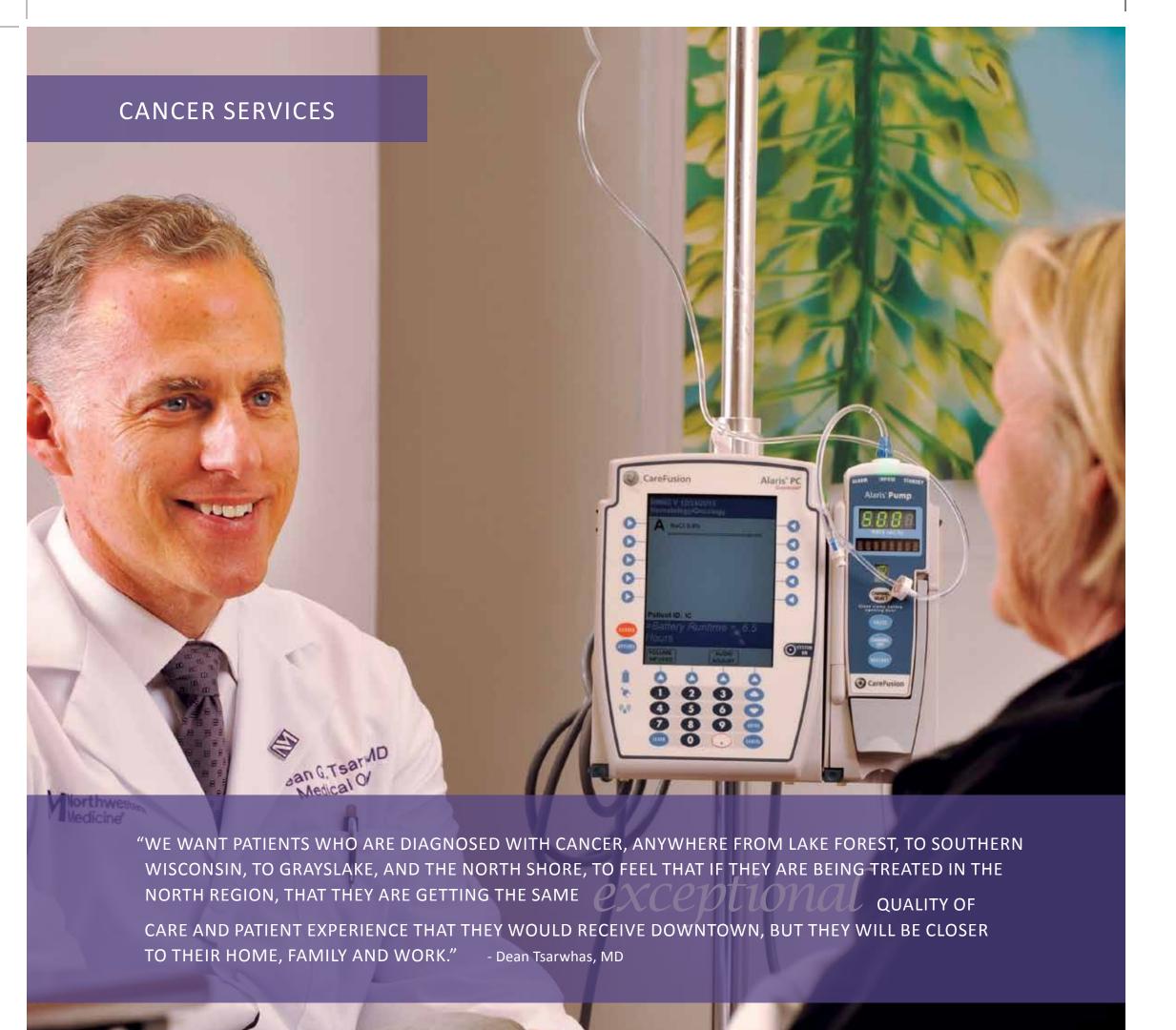
"In extraordinary cases when a patient requires an extremely complex procedure downtown, patients can do their pre-op and post-op work right here in Lake Forest," Dr. Sugrue adds.

Trained in both neurosurgery and orthopaedic surgery,
Dr. Sugrue is especially excited about the further expansion
of academic medicine into the Lake Forest area and how the
scientific rigor will benefit everyone: doctors, residents and
patients.

In essence, academic medicine is having access to tomorrow's medicine today. For Lake Forest residents, that means exposure to all of the advances that are occurring at one of the most prestigious academic medical centers in the country.

Our Legacy. Our Future. 31

27312 16 NM - LFCC Booklet - 12x12_R35.indd 30-31



Compassionate, comprehensive cancer care

Renowned cancer care available in Lake Forest.

Dean Tsarwhas, MD

Medical Director, Cancer Services, Lake Forest Hospital

Neal Christiansen, MD

Medical Oncology, Lake Forest Hospital

Valerie Nelson, MD

Medical Oncology, Lake Forest Hospital

Joy Coleman, MD

Radiation Oncology, Lake Forest Hospital

Karline Pea

Director, Cancer Services, Lake Forest Hospital

To bolster Lake Forest Hospital's existing surgical and breast imaging services, Cancer Services is now being led by Dean Tsarwhas, MD. Practicing oncology in the community for 23 years, Dr. Tsarwhas was recently appointed as the new Medical Director of Cancer Services for Lake Forest Hospital and Grayslake Outpatient Cancer Center. He notes the importance of the hospital's partnership with the Robert H. Lurie Comprehensive Cancer Center of Northwestern University—one of only two National Cancer Institute-designated cancer centers in the state of Illinois. "Because of new molecular and biological discoveries, the treatment of cancer has become more complicated with a wider array of treatment options. Being treated at a hospital connected to a National Cancer Institute-designated cancer center means you have access to more treatment options."

Neal Christiansen, MD, added, "The building is a big symbol but it is just the latest example of the commitment already in place to enhance the medical services available here in the community."

For patients, as soon as they walk into the new cancer

center, "They will feel that it is comprehensive," says Valerie Nelson, MD. "They will sense that all the people involved in their care—from surgery and radiation to social work and financial counseling—are all in one place."

The goal is to provide comfort and familiarity during what can be an incredibly challenging time. "Those are very important aspects of one's care," notes Dr. Nelson, "along with the sense that they are in a place that provides the top care possible."

For Joy Coleman, MD, whose focus is on the technology-driven field of radiation oncology, cutting-edge equipment makes a huge difference. "Just as a car is only as good as the driver," she notes. "I really believe our physicians and nurses are the heart and soul of the hospital."

Dr. Coleman adds, "The great thing about the opening of the new hospital is the opportunity to bring the best of both worlds together. We are providing the same advanced care as downtown plus the patients know when they come here they are always going to see the same healthcare team they've known for years."

Continued on next page

Our Legacy. Our Future.

27312 16 NM - LFCC Booklet - 12x12_R35.indd 32-33

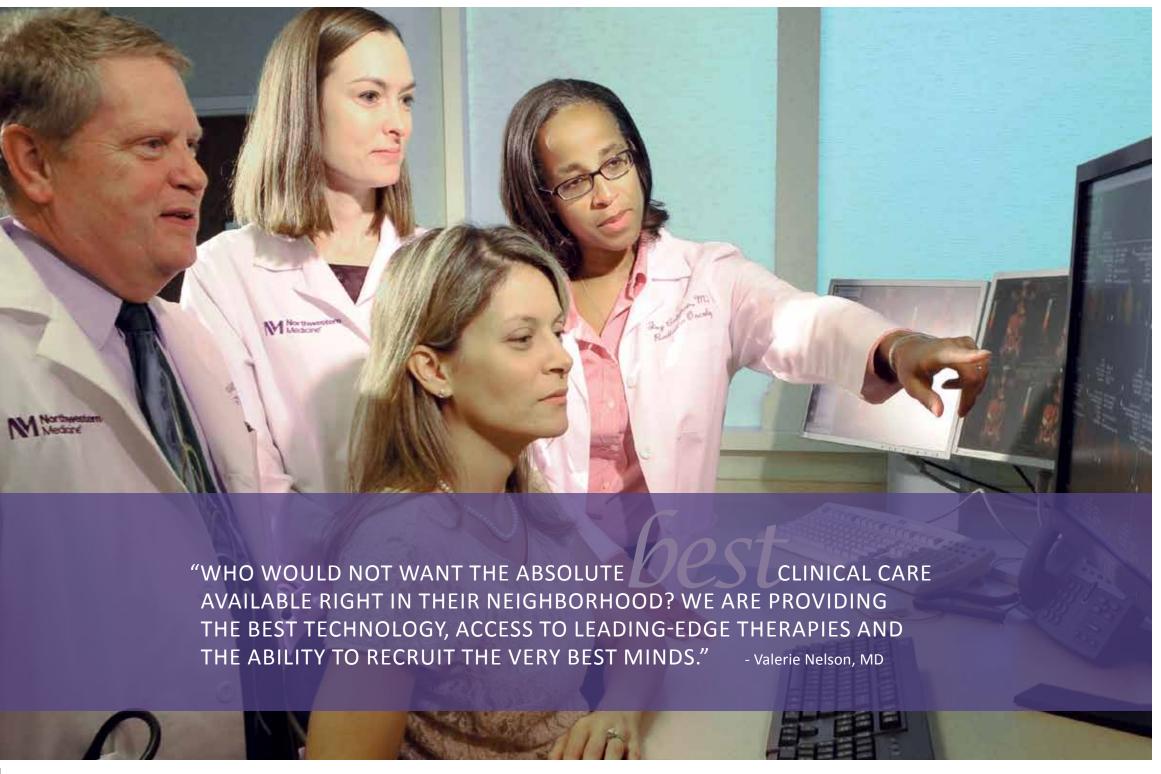
CANCER SERVICES

Director of Cancer Services, Karline Peal, says her team provides a holistic patient experience with supportive oncology and Nurse Navigators. These programs offer emotional and practical support for patients and their families during diagnosis, treatment and recovery.

Ms. Peal says her team also is focused on educating the community about cancer prevention for all ages. "We do a lot

with children on skin safety and skin cancer awareness," she says. "Smoking cessation is a major effort in area high schools, and thanks to support from our donors, we offer lung cancer screening services."

Compassion and education only strengthen the hospital and community connection.



Innovation happens here

The latest in cancer treatments could not be closer.

Francis J. Giles, MD

Director, Northwestern Medicine Developmental Therapeutics Institute
Deputy Director, Robert H. Lurie Comprehensive Cancer Center, Northwestern University
Professor of Medicine, Hematology/Oncology, Northwestern University Feinberg School of Medicine

As part of an academic healthcare system, Lake Forest Hospital is a place where talented physician-scientists are bringing creative ideas about how to further medical care—and then putting those ideas to the test. One example of this is clinical trials of new medications.

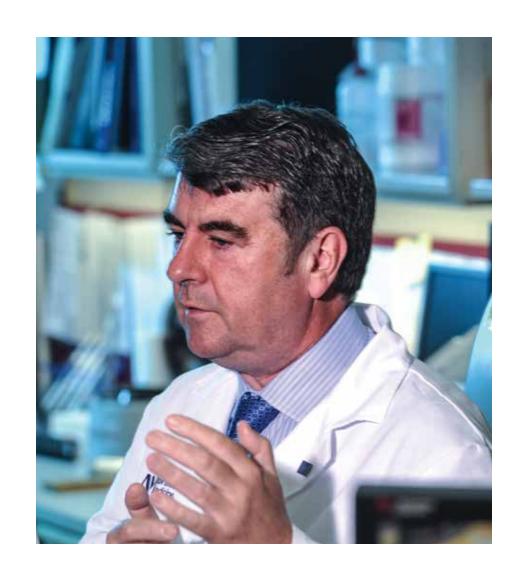
Now, Lake Forest residents have a front row seat to these trials in terms of blockbuster cancer treatment: we are the only hospital in the area with a clinical trials program of this caliber.

Francis J. Giles, MD, serves as Deputy Director of the Robert H. Lurie Comprehensive Cancer Center of Northwestern University in downtown Chicago and is a leader of the system's cancer programs. He is impassioned about developing new therapeutics for cancer patients. In Lake Forest, thanks to a generous gift from the Arvia Family, the Northwestern Medicine Developmental Therapeutics Institute (NMDTI) launched in the summer of 2015.

The NMDTI is focused on bringing new approaches to cancer care, which could take the form of drugs, nanotechnology or other advances. "This helps patients by providing access to very sophisticated new therapeutic approaches and getting them to patients as early as possible," Dr. Giles says. These trials offer hope to patients who have exhausted traditional therapies and seek an innovative option.

Medical oncologist Dr. Valerie Nelson, the Program Leader for the NMDTI clinical trials program in Lake Forest, has responsibility for integrating this novel approach into the comprehensive care we provide.

"We have the opportunity for the organization to flex its academic muscles," says Dr. Giles. "At the same time, our patients are going to continue to enjoy all the benefits of a community hospital."



Our Legacy. Our Future.

27312 16 NM - LFCC Booklet - 12x12 R35.indd 34-35



A new, broad-based model of women's health is evolving and it encompasses far more than the traditional field of reproductive medicine. It calls for complete care for women at all ages and stages of life across a comprehensive range of medical specialties. Excellence in women's health care requires an integrated approach that unites all aspects of clinical care, teaching, research, public education and community outreach programs.

From general obstetrics and deliveries, to a wide range of hospital-based gynecological services, Lake Forest Hospital has long served as a top destination for women's health.

Our Legacy. Our Future.

27312 16 NM - LFCC Booklet - 12x12_R35.indd 36-37

WOMEN'S HEALTH

World-class women's services in Lake County

Delivering expanded and integrated obstetrics and gynecology services.

Micah Garb, MD

Medical Director, Obstetrics and Gynecology, North Region

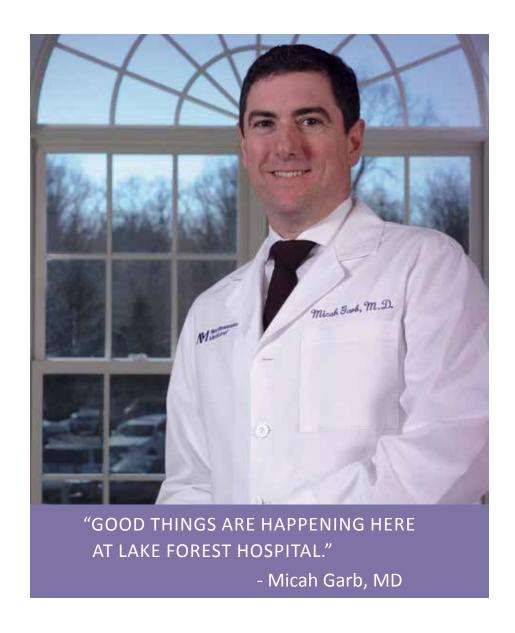
Micah Garb, MD, completed his residency at Northwestern in 2004 and launched his career in a Northwestern Memorial-affiliated private practice as an obstetrician gynecologist with a clinical interest in robotic surgery. His experience of maintaining a busy patient practice while also serving as liaison between private physicians and hospital administration laid the foundation for his recent appointment as Medical Director of Obstetrics and Gynecology. Dr. Garb is thrilled to be part of an evolving discipline and believes the new hospital is an exceptional gift for the community.

"We've taken the personalized care that is Lake Forest Hospital and infused it with more gravitas in the sense of subspecialty access and easy referrals for more complex services," he said.

"The new hospital will be a Northwestern facility and that means a certain level of quality and expertise which will allow us to push new boundaries." Northwestern Medicine's Department of Obstetrics and Gynecology is one of the top research-funded departments in the country. Now, patients at Lake Forest Hospital will benefit from this top-tier level of medical investigation.

To provide safer and more reliable care, obstetricians are now available at Lake Forest Hospital round-the-clock, 365 days a year. A year's worth of data reviewing this model yields evidence that outcomes have been impacted positively in ways that were not even anticipated. In addition to patients reporting a heightened level of safety, patient satisfaction scores are increasing, Cesarean-section (C-Section) rates are decreasing, the rate of vaginal births after C-section is increasing and the department's safety record is excellent.

In the new hospital, an integrated Women's Health program will unite existing subspecialty programs including urogynecology, obstetric genetic counseling and maternal fetal medicine, with the region's newest addition of fertility and reproductive medicine.



The cutting edge

Contemporary technology and top talent boost gynecologic surgery program.

Alok Pant, MD

Medical Director, Gynecologic Oncology, Lake Forest Hospital

In 2013, noted oncologist and surgeon Alok Pant, MD, joined the women's health team at Lake Forest Hospital. Dr. Pant is an expert in the treatment of ovarian cancer, cervical cancer and other gynecological diseases.

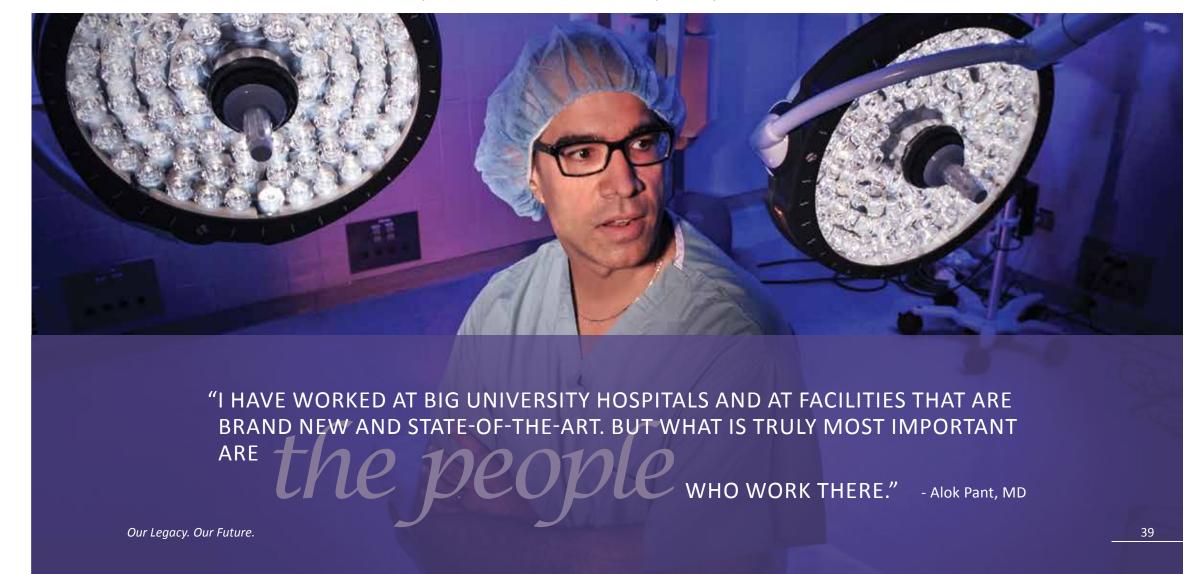
In his daily work, Dr. Pant sees patients at Hunter Family Center for Women's Health and performs surgeries at Lake Forest Hospital.

Dr. Pant is perhaps best known for his proficiency with the da Vinci[®] Surgical System, a minimally invasive method for treating patients with conditions such as uterine fibroids and pelvic masses. "Women

with gynecologic cancers benefit from less-invasive procedures," Dr. Pant says.

Lake Forest Hospital is fortunate to have received an early campaign contribution that supported the purchase of the latest generation of da Vinci[®] Surgical Systems. Installed in the summer of 2015, it is one of only two of these models of da Vinci systems in the Chicagoland area.

"Now, modern medicine can be found right here at a community hospital," says Dr. Pant.



38 Our Legacy. Our Future.

27312 16 NM - LFCC Booklet - 12x12 R35.indd 38-39

WOMEN'S HEALTH

Partners for life

The Posy Krehbiel Breast Care Center offers comprehensive and holistic breast care at every stage of life.

Lisa Miller, MD

Director, Women's Imaging, Lake Forest Hospital

The Posy Krehbiel Breast Care Center is recognized as one of the best facilities of its kind. Now, the center is fast becoming a leader in all facets of breast cancer detection, screening and treatment.

In recent years, the Posy Krehbiel Breast Care Center has added capabilities in oncology, surgery and radiology, including state-of-the-art equipment with tomosynthesis 3-dimensional (3D) mammography, allowing physicians to view breast tissue in greater detail, making tumors easier to detect.

In the Posy Krehbiel Breast Care Center, patients receive a true continuum of care, including breast imaging, which is vitally important for early detection. A collaborative team of breast imaging radiologists, all fellowship trained, serves as the primary link between the hospital and the women in the community who rely on the hospital's expertise.

"The relationships our team of breast imaging radiologists have developed with their patients have made a remarkable impact on our patients' care," says Lisa Miller, MD, Director of Women's Imaging at Lake Forest Hospital. Finding breast cancer before it can be felt is the goal of mammography. "If we can find tumors when they're minimal cancers, the patient has the best chance for a cure and the patient's treatment will be less toxic."

In partnership with a team of skilled surgeons and Nurse Navigators, women can expect to have comprehensive and supportive care throughout their lifelong journey of breast care. With a new hospital opening, the Posy Krehbiel Breast Care Center is well positioned to add additional state-of-the-art programs and services as the field evolves.



Paying it forward

Positive experience with Nurse Navigator Program inspires local breast cancer survivor to give back in a buzz-worthy way.

Caryn Kracower

Caryn Kracower always had positive experiences during her visits to Lake Forest Hospital, whether for emergency care or other routine healthcare needs. Once she was diagnosed with breast cancer, she encountered the full scope of services available at her hometown hospital.

After her breast cancer surgery was completed, Caryn's doctors recommended she undergo six weeks of radiation therapy at Lake Forest Hospital. It was here that she encountered the unique form of care provided by the hospital's Nurse Navigators, a group whose personalized approach helped Caryn overcome the challenges of her diagnosis and treatment.

Designed to help guide, support and coordinate care for patients through every step of their breast care regimen, Nurse Navigators provide help and reassurance when it is needed most.

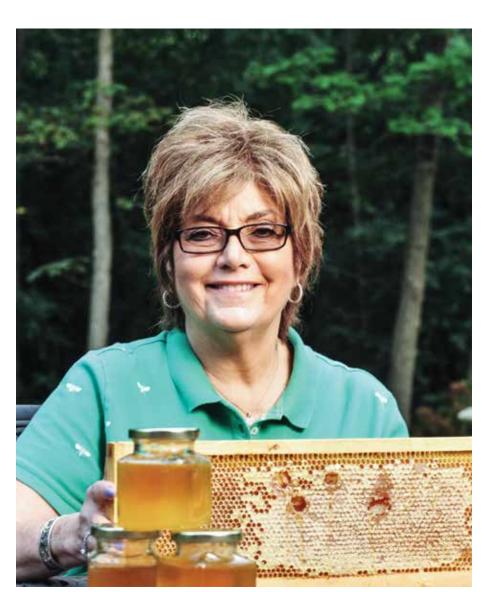
"When you receive a cancer diagnosis, you're nervous about a lot of different things," says Caryn, recalling her own experience. "My Navigator was an incredibly empathetic person. She brought calm to the situation and helped me conquer my fears and my stress."

"To have someone provide that 'extra mile' level of support is a great reflection on the caring of the administration, the doctors and everyone else who works here. It shows they are concerned about the emotional well-being of their patients, as well as the physical."

Today, Caryn is cancer free. After her diagnosis, she and her husband Allen started an apiary (or bee yard) and successfully turned the buzzing operation into a small honey producing business.

They contribute proceeds to Lake Forest Hospital to provide essential needs for other breast care patients.

"I was very fortunate," she adds. "Now, I want to help others who are going through their own challenges."



Our Legacy. Our Future. Our Legacy. Our Future.

27312 16 NM - LFCC Booklet - 12x12_R35.indd 40-41



Superior and integrated women's care

Local experts are leading the effort to aid the growing number of women suffering from pelvic health issues.

Kimberly S. Kenton, MD, MS, FACS, FACOG

Director, Integrated Pelvic Health Program, Northwestern Medicine

Chief and Fellowship Director, Female Pelvic Medicine and Reconstructive Surgery, Northwestern Medicine Professor, Obstetrics and Gynecology and Urology, Northwestern University Feinberg School of Medicine

Margaret Mueller, MD, FACOG

Urogynecology and Pelvic Reconstructive Surgery, Northwestern Medicine
Assistant Professor, Obstetrics and Gynecology and Urology, Northwestern University Feinberg School of Medicine

Christina Lewicky-Gaupp, MD, FACOG

Urogynecology and Pelvic Reconstructive Surgery, Northwestern Medicine
Assistant Professor, Obstetrics and Gynecology and Urology, Northwestern University Feinberg School of Medicine

The growing subspecialty of urogynecology focuses on disorders of the pelvic floor, which occur when female organs are weakened due to damage caused by childbirth, surgery or other high-impact activities. One in three women in the United States will be affected, suffering from symptoms that range from incontinence to severe pelvic pain.

Increasing rates of pelvic floor disorders are driving the need for more specialists to tackle these often undiagnosed conditions. At Lake Forest Hospital, Kimberly Kenton, MD, MS, Director of the Integrated Pelvic Health Program, is leading the charge to educate and treat those currently suffering in silence.

"Pelvic floor disorders don't get the same attention as other female health issues," says Dr. Kenton. "But the challenges that they pose for patients, like urinary and bowel control, can be hugely problematic and profound. One of our missions is to get people talking more openly about these disorders."

The Integrated Pelvic Health and Urogynecology Program opened its doors in the Hunter Family Center for Women's

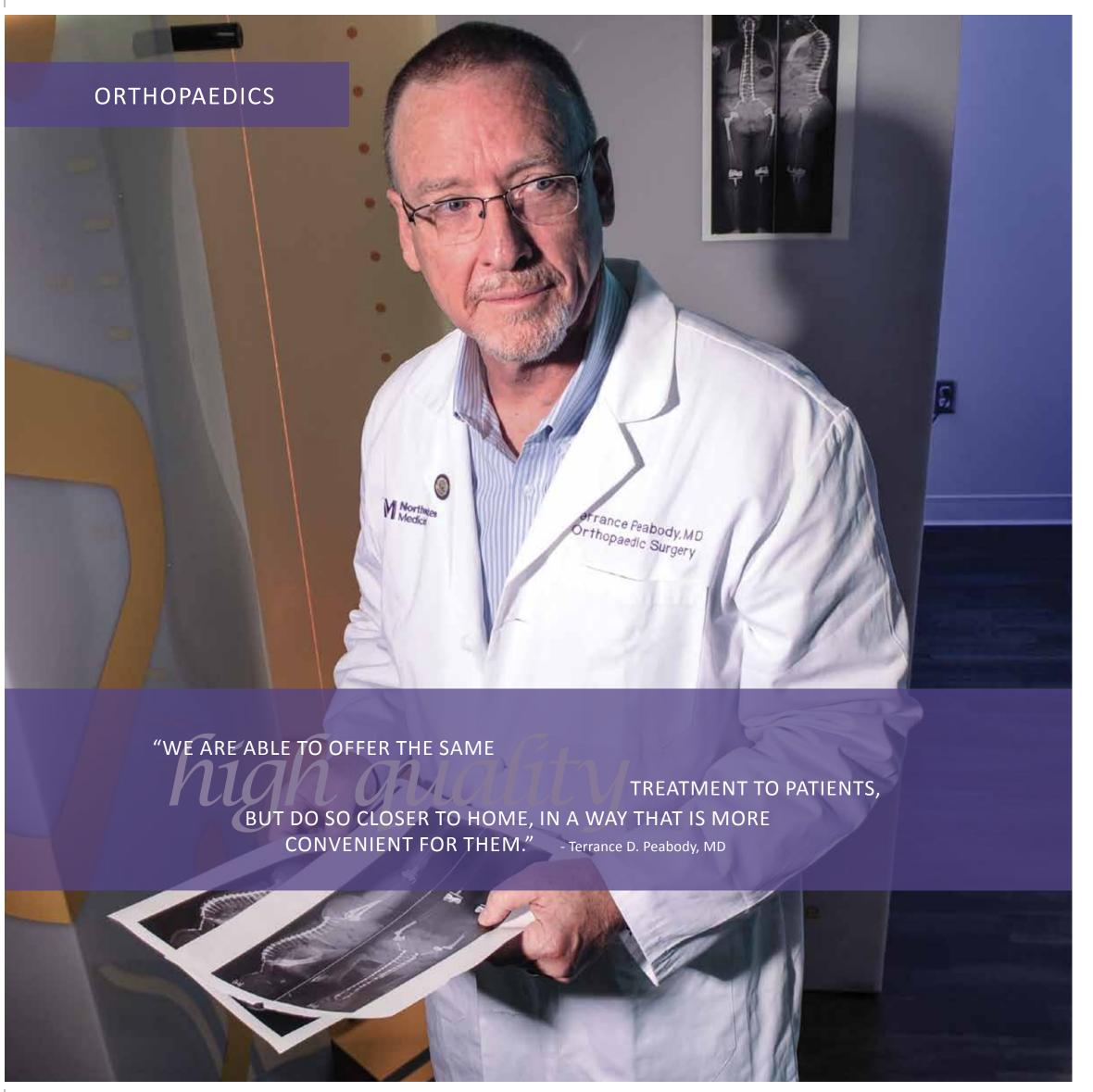
Health in February 2016 and will expand in the new hospital. Dr. Kenton and her team, which includes Margaret Mueller, MD, and Christina Lewicky-Gaupp, MD, will have the additional resources, space and equipment to expand the program's research efforts, as well as the ability to deliver a variety of both surgical and non-surgical treatments to area patients.

"One of the things that sets our program apart is that we have this integrated approach in which urogynecologists work alongside surgeons, physical therapists and other experts," says Dr. Mueller.

"The idea is to provide a cohesive delivery of women's health services," adds Dr. Lewicky-Gaupp. "Women will be able to have their mammogram and breast care, as well as reproductive and pelvic care, all done in the same place. It will help us provide them with better health care."

Our Legacy. Our Future. 4

27312 16 NM - LFCC Booklet - 12x12_R35.indd 42-43



Going deep

Top orthopaedic program finds an ideal home in Lake Forest.

Terrance D. Peabody, MD

Chair, Department of Orthopaedic Surgery, Northwestern Memorial Hospital Edwin Warner Ryerson Professor of Orthopaedic Surgery, Northwestern University Feinberg School of Medicine

When Terrance Peabody, MD, was hired to lead Northwestern Memorial Hospital's Orthopaedics Department in 2011, it was his goal to build a comprehensive musculoskeletal care center downtown that could deliver the same quality care to affiliates throughout the region.

Today, thanks to its deep bench of medical specialists and disciplines, along with state-of-the-art imaging and operating room facilities, the Northwestern Medicine Center for Comprehensive Orthopaedic and Spine Care is one of the nation's premier destinations for musculoskeletal services, ranked No. 9 in the nation (2015 - 2016 *U.S. News & World Report*).

Dr. Peabody's vision for Northwestern Memorial Hospital and Lake Forest Hospital has become a reality. Now through its extension into Lake Forest, the center opened its northern outpost within the Lake Forest Health & Fitness Center in December of 2015. Patients can now receive the same superlative foot/ankle, joint, shoulder/elbow, spine and sports medicine care as offered downtown. "More than 80 percent of surgeries can be done in Lake Forest, as well as imaging tests and most of your evaluations," says Dr. Peabody.

In fact, as Dr. Peabody points out, outpatient procedures and therapy sessions are particularly well suited to a community setting. Northwestern Medicine's Grayslake outpatient facility also offers a variety of surgical, imaging and rehabilitation services. Delivering these programs close to home is typically more convenient for patients, which can contribute to the success of their treatment.

"The technological advances of the new hospital will bring an even higher level of sophistication around measuring patient outcomes," notes Dr. Peabody. "We will be able to track things like bone cancers, bone tumors and infections. We are dedicated to continuing to improve the health and quality of life for the people in Lake County. That is the bottom line."

Enhancing the quality of life in a community also means being committed to fostering health on an everyday basis—and focusing on the well-being of the active and able-bodied as well as the sick. Also the Sports Medicine, Injury and Rehabilitation Program helps men, women and children from weekend warriors to professional athletes return to action quickly and safely using the latest treatments and techniques.

Our Legacy. Our Future. 45

27312 16 NM - LFCC Booklet - 12x12_R35.indd 44-45



Great doctors begin here

We are committed to training the next generation of outstanding physicians.

Deborah S. Clements, MD, FAAFP

Program Director, Northwestern McGaw Family Medicine Residency at Lake Forest Hospital Chair, Family and Community Medicine

Nancy and Warren Furey Professor of Community Medicine, Northwestern University Feinberg School of Medicine

ee Francis, MD, MPH

President and CEO, Erie Family Health Centers

Launched in the summer of 2015, Northwestern Medicine Lake Forest Hospital's new family medicine residency program gives tomorrow's doctors all the rigor of academic medicine, with the personal touch that comes from community care.

Nationally regarded educator and physician Deborah S. Clements, MD, Program Director of Northwestern Medicine Lake Forest Hospital's residency program, joined the staff in May 2013 and has forged a new path for the hospital as a top-tier center for academic medicine.

According to Dr. Clements, the strong batch of interview candidates for the new residency program is a testament to both Lake Forest Hospital's affiliation with Northwestern, as well as its legacy of providing excellent care. More than 1,200 applicants applied for the eight available spots.

"One of the strengths that we bring as a community hospital is the fact that the physicians training here will be first in line in terms of staff opportunities right here in the local community," she says. "At the same time, residents know the gravitas of Northwestern Medicine. They know that the faculty here are affiliated with one of the top academic health centers in the world."

One of the unique aspects of the program based at Lake Forest Hospital and its facility in Grayslake is its partnership with Erie Family Health Centers. The 13-locations-strong community health provider has long served the west and northwest sides of Chicago and now has a location in Lake County—the Erie HealthReach Waukegan Health Center. The facility provides a trusted option

for those without insurance who might otherwise head to the emergency room for a variety of ailments better served in a health center environment. It also offers comprehensive medical and dental treatments from prenatal services to senior care, giving residents vital experience treating a variety of conditions.

Training these young physicians in Lake County increases the chance they will remain in the area later in their careers, according to Erie Family Health Centers President and CEO, Lee Francis, MD, MPH.

"The idea is the apple does not fall far from the tree," Dr. Francis explains. "If these residents have a good experience at our hospital and a good experience at our Waukegan Health Center, as well as our Grayslake location for their outpatient training, they will ultimately go into practice here and help serve the local community."

"One of the most exciting things to me about the concept for the new hospital is that it recognizes that hospitals need to change,"

Dr. Clements adds. "No longer a place where you come for acute care and leave, the new Lake Forest Hospital is being built to serve as a wellness destination." When the new facility opens, Dr. Clements fully expects to see neighbors come together not only to support those who are sick, but also to celebrate the healthy.

Our Legacy. Our Future.

27312 16 NM - LFCC Booklet - 12x12_R35.indd 46-47



The destination for health and wellness

Building a healthier community, one person at a time.

Anthony Simone

Wellness Director, Lake Forest Health & Fitness Center

Al Choffnes

The new hospital will be a destination for health and wellness, as demonstrated by the abundance of walking and biking trails being developed on the grounds of the new hospital, in addition to its close proximity to the Lake Forest Health & Fitness Center, established in 1994.

As one of the premier fitness centers on the north shore, Lake Forest Health & Fitness Center offers the perfect combination of uniquely skilled professionals, nationally-recognized, innovative programming and the highest level of service. It also offers medically-based rehabilitation, fitness and wellness programs that are coordinated with the hospital's clinical departments to support their patients living with or recovering from a variety of medical conditions.

According to Anthony Simone, the center's Wellness Director, the facility already features cancer exercise specialists, cardiac rehabilitation services, nutrition specialists, disease prevention and youth exercise programs. "I am excited about all the new programs we'll be able to offer," he says. "It is great to be part of a hospital focused on the community's overall well-being, as well as their immediate medical care."

When grateful patient Al Choffnes first walked into the Lake Forest Health & Fitness Center two years ago, he had never taken a spin class. Now, the Bannockburn resident could not imagine life without his regular rides. The exercise has worked wonders as he strives to manage the effects of Parkinson's disease.

It was not until he became involved in a clinical study through the Northwestern Medicine Parkinson's Disease and Movement Disorders Center that he fully appreciated the level of care available to him so close to his home. The 12-week-long study compared two sets of three patients with Parkinson's disease who suffered from the slowed movement, tremors and muscle rigidity common with the disease. One group participated in a yoga program and the other took a more resistance-training approach in the form of a twice-weekly spin class.

When the study ended in December 2014, Al immediately signed up for more spin classes, which are still part of his ongoing treatment routine. "As long as they're running the program, I'll keep on going. It is great for me that I can sit on the bike and actually do the exercise. Sometimes I can barely move when I start. I am tired when I am finished but I can move a lot better."

Our Legacy. Our Future.

3/28/16 3:49 PM - LFCC Booklet - 12x12 R35 indd 48-49

NORTHWESTERN MEDICINE

A seamless system of care

Our community hospital and our teaching hospital work together for the good of our patients.

In the new hospital, our goal is that 95 percent of the time, a patient will be able to receive all of the services they need at Lake Forest Hospital. In the rare case when the most advanced capabilities of academic medicine are needed, we can quickly and seamlessly transfer patients to our trusted colleagues at Northwestern Memorial Hospital. Here are two examples of community members who have benefited from this exceptional partnership.

Barbara and Alison Buck

It was just a headache, she thought...a brutal and unrelenting headache.

A healthy 38-year-old, Alison Buck had no reason to believe the throbbing pain was anything to worry about. However, her mother Barbara took one look into her daughter's eyes and knew something was very wrong. Together, they sped to Lake Forest Hospital's Cain Family Emergency Department.

It was 2011 and the hospital had just entered its affiliation with Northwestern Memorial HealthCare. When the Lake Forest Emergency Department physicians assessed Alison's situation and discovered a bleeding aneurysm, they enlisted the help of their colleagues at Northwestern Memorial Hospital. Together, they determined that Alison's highly complex case required specialized expertise and she was transferred downtown.

"The affiliation, and that immediate action of the physicians from Lake Forest Hospital, saved her life," says Barbara, a longtime member and past president of the hospital's Women's Board.

After surgery and four-and-a-half weeks in neuro-intensive care, Alison was on her way to recovery. And then a few months later, tragedy struck again. Another aneurysm. A second surgery was needed.

"The doctor who treated her was the head of the department," Barbara recalls. "He took Alison's hand and said, 'I want you to know that you are in good hands." Today, Alison is fully recovered. Both mother and daughter attribute the happy ending to Lake Forest Hospital and Northwestern Memorial Hospital working together as one.



Marilyn Lasher

On a Sunday evening in March 2014, Marilyn Lasher visited Lake Forest Hospital's Cain Family Emergency Department for a severe headache that wouldn't go away.

"I waited and kept hoping things would get better, but they didn't," recalls Marilyn.

After several tests, an MRI and CT scan discovered a pituitary tumor. The Lake Forest Hospital Cain Family Emergency Department team's quick analysis of Marilyn's condition revealed she needed advanced brain surgery. After conferring with their colleagues downtown, they transferred Marilyn by ambulance to Northwestern Memorial Hospital where her tumor was removed by the surgical director of neuro-oncology.

"It was a very scary experience," she added.

Fortunately, for the longtime area resident, her troubling discovery was easier to handle thanks to the efforts of her community hospital. On that night, Marilyn experienced firsthand how the partnership between an academic institution and a community hospital can benefit local residents. Within days, she returned to her home in Lake Bluff.



Our Legacy. Our Future. Our Legacy. Our Future. 51

27312 16 NM - LFCC Booklet - 12x12_R35.indd 50-51

BE PART OF SOMETHING SPECIAL.

OUR LEGACY. OUR FUTURE. OUR POTENTIAL.

The \$400+ million investment required to build Northwestern Medicine's new Lake Forest Hospital will be met through operational reserves, the support of Northwestern Memorial HealthCare and the support of our community.

The *Our Legacy. Our Future.* campaign presents a unique opportunity to help advance world-class health care in Lake Forest.

We have established a campaign goal of \$150 million:

- \$75 million to be raised over three-and-a-half years for capital and clinical program support and
- \$75 million to be raised over 10 years to grow the hospital's endowment, primarily through planned gift commitments.

Achieving these goals will require the generous support of all who look to Lake Forest Hospital for care. Contributions will make a lasting difference in our ability to deliver exceptional care in an exceptional environment, both now and for years to come.

Now that you have read about the campaign's promise for delivering the best of Northwestern Medicine to our community, we invite you to meet three of our earliest supporters who have already committed their support to this exciting new chapter in our history.

LEADERSHIP SUPPORT

Investing in the community

Lake Forest resident feels honored to help further the greatness of the city he loves.

Everett and Jane Hauck

When retired banking and oil industry executive Everett Hauck and his wife Jane moved to Lake Forest nearly a decade ago, they immediately fell in love with the area. Shortly after, Everett set out to find a new doctor. His neighbors recommended Lake Forest Hospital and soon he was under the care of Gary Schaffel, MD. Last year, when Dr. Schaffel mentioned the hospital's plans for a brand new facility, Everett knew that he wanted to be a part of it.

Since arriving in Lake Forest, Mr. Hauck has been impressed with how the community has come together to do things such as expand and beautify downtown and renovate historic Market Square. He feels the new hospital will have an equally significant impact.

In fact, it is Lake Forest's continued commitment to improving the quality of life for its residents that served as a major influence when Everett decided to make a significant campaign gift for the new hospital.

Every time Mr. and Mrs. Hauck enter the new Northwestern Medicine Lake Forest Hospital, they will be reminded of the impact of their contribution: The spacious Everett and Jane Hauck Rotunda will serve as the centerpiece of the facility, a place where visitors come and go and groups gather for social events.

"This hospital is going to be here for the community for decades," says Everett. "We are honored to be a part of it."



A special legacy

Through a generous campaign gift, Vernon Armour honors the longtime service of his late wife Linda.

Vernon Armour

Lifelong Lake Forest resident Vernon Armour knows the importance of the hospital for the local community as well as anyone. He and his late wife Linda both served as board leaders.

To honor Linda's legacy and help ensure that exemplary health care is available for his fellow Lake Forest residents, Vernon made a commitment to the endowment which will support the long-term needs of the new hospital.

When the building opens, the Linda F. Armour Executive Board Room will remind visitors of his wife Linda's lasting dedication to the hospital and the community. The location of her honorarium is appropriate, considering she was among the first women

elected to Lake Forest Hospital's Board of Directors. "She used to tell me she was the first female member of the hospital's men's club," Vernon says with a laugh.

Vernon has been a self-employed private investor since 1983. He knows a good investment when he sees one and he believes the new Northwestern Medicine Lake Forest Hospital is an institution that will pay dividends for the community for decades to come.

"Lake Forest Hospital has always been an important institution," he says. "The time has come for a change and I'm proud to give my support as the hospital enters an exciting new chapter."



Our Legacy. Our Future. Our Legacy. Our Future.

27312 16 NM - LFCC Booklet - 12x12 R35.indd 54-55



Transformational gift elevates quality and equality

Four generations of care received inspires a family to fund excellence and innovation.

John and Kathy Schreiber

As longtime Lake Forest residents and dedicated philanthropists, John and Kathy Schreiber care deeply about the health and future of the Lake Forest community and, equally important, about the needs and well-being of all people who are facing challenges and obstacles in their lives. Recently, the Schreibers made a remarkable gift in support of the *Our Legacy. Our Future*. campaign.

Through their thoughtful commitment, the Schreibers have named the John and Kathy Schreiber Arrival Court, Lobby and Main Entry Building at the new Lake Forest Hospital, and will establish an endowment known as the John and Kathy Schreiber Fund for Innovations and Quality Enhancements.

Aided by funds from this endowment, leadership and staff at Lake Forest Hospital will be able to develop and implement novel, patient-centered programs and protocols that will promote effective communication, a team-oriented approach to care and improved quality and access to the hospital, particularly in the Cain Family Emergency Department.

"We believe very strongly that Northwestern Medicine Lake Forest Hospital is dedicated to being a quality facility that delivers the very best care to people who are experiencing a health crisis or emergency and, without question, to traditionally underserved patients," said Mr. Schreiber. "We want to help ensure that, today and well into the future, the hospital provides the same access and quality of services to everyone."

Our Legacy. Our Future. 57

27312 16 NM - LFCC Booklet - 12x12_R35.indd 56-57

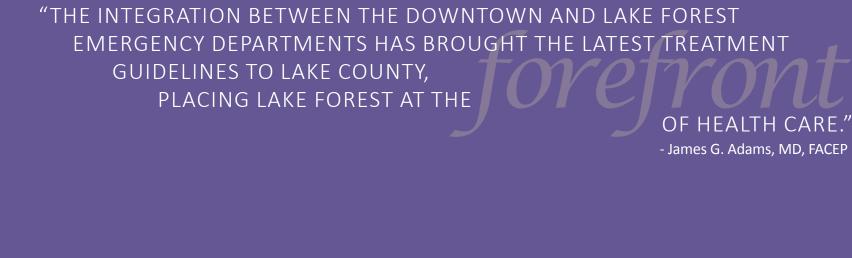
Join us

Any successful community endeavor requires the steadfast commitment of partners like you. It is our hope that, after reading our story, you feel compelled to support our hospital here in Lake Forest.

Please feel free to contact any of our dedicated philanthropy staff for assistance in identifying and structuring the right giving opportunity for you. Thank you for your consideration and generosity. Moreover, thank you for being an integral member of our family.

Northwestern Medicine Lake Forest Hospital
Office of Philanthropy
847.535.6111
philanthropy@lfh.org

To learn more about our project, please visit nlfh.nm.org



"SUPPORTING THE CAMPAIGN WILL CREATE

A NEW LAKE FOREST HOSPITAL THAT WILL BE AN EXAMPLE OF BOTH

- John and Kathy Schreiber

"WE ARE BUILDING UPON THE

AND CARE THAT HAVE MADE LAKE FOREST HOSPITAL A GREAT INSTITUTION.

OUR NEW HOSPITAL WILL BE UNRIVALED AND IT WILL BE THE

COMMITMENT OF THE COMMUNITY THAT WILL MAKE THIS

A PLACE OF PRIDE FOR THE NEXT CENTURY." - Thomas J. McAfee

27312 16 NM - LFCC Booklet - 12x12 R35 indd 58-59

